

# ARES® STANDARDIZED TRAINING PLAN



## ARES® EMERGENCY COMMUNICATOR INDIVIDUAL TASK BOOK

### Task Book Assigned To:

<b>Name:</b>	<b>Ham Operator</b>	<b>Call:</b>	<b>NOCALL</b>
<b>ARES Group:</b>	KS Section, District 4, Zone C, Leavenworth County	<b>LEVEL:</b>	<b>LEVEL 0</b>
<b>Phone Number:</b>	913-555-1212	<b>Email:</b>	n0call@arrl.us
<b>Appointment(s):</b>	0		
<b>ARES Leader Name:</b>	Rick Reichert	<b>Call:</b>	NJOP
<b>Title:</b>	KS-4-C Emergency Coordinator	<b>ARES Group:</b>	KS Section, District 4, Zone C, Leavenworth County
<b>Phone Number:</b>	913-555-1212		
<b>Initiated:</b>		<b>Date:</b>	1/1/21
<b>Location:</b>	Leavenworth		

Level			EDUCATION	Completed	MECC Radio Op	Next Level Status		
1	2	3				1	2	3
O	R	R	IS-100.c - Intro to Incident Command System		IV			
O	R	R	IS-700.b - Intro to National Incident Mgmt System		IV			
R	R	R	Annual Weather Spotter Training (Basic)					
O	R	R	Advanced Weather Spotter Training (County-Specific)					
O	R	R	ARRL EC-001 Intro to Emergency Communications					
	R	R	IS-200.c - Basic ICS for Initial Response		III			
	R	R	IS-800.d - National Response Network		III			
		R	IS-120.c - An Introduction to Exercises		II			
		R	IS-230.d - Fundamentals of Emergency Management		I			
		R	IS-235.c - Emergency Planning		II			
		R	IS-240.b - Leadership & Influence		I			
		R	IS-241.b - Decision Making & Problem Solving		I			
		R	IS-242.b - Effective Communications		I			
		R	IS-244.b - Developing & Managing Volunteers		I			
		R	IS-288.a - Role of Voluntary Orgs in Emerg Mgmt		II			
		R	IS-2200 - Basic Emerg Operations Center Functions					
		R	ARRL EC-016 Public Service & Emerg Comms Mgmt					
		O	PR-101 - Public Information Officer Training					
		O	AUXCOM Course					
		O	IS-130 - Exercise Evaluation and Improvement Plng		II			
		O	IS-315 - CERT Supplemental Training: ICS		II			
		O	ICS-300 - Incident Cmd Sys for Expanding Incidents					
		O	ICS-400 - Advanced Incident Command System					
		O	COMT - All Hazards Communication Technician					
		O	INCM - All Hazards Incident Comm Ctr Mgr					
		O	COMU - All Hazards Comm Unit Leader					
		O	Citizens Academy - LvCo Sheriff					
		O	IS-540 Continuity of Operations (COOP)					

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Level			FOUNDATIONAL	Completed	MECC	Next Level Status		
1	2	3	Activity		Radio Op	1	2	3
R	R	R	Obtain Task Book					
R	R	R	Join ARES Group		III			

  

Level			RECURRING ACTIVITIES	Most Recent	Recurrence	Next Level Status		
1	2	3	Activity			1	2	3
R	R	R	ARES Net Participation within last 90/60/30 days		2 x weekly			
	O	O	KCHEART Monthly Hospital Net		monthly			
	O	O	EmComm Winlink Training		occasional			
		O	PKARC/KQRP Freeze Your Keys - Portable Operating Event (Feb)		annually			
	O	O	ARRL Field Day (Jun)		annually			
	O	O	KC Metro Simulated Emergency Test (Oct)		annually			
		O	Veterans Day Parade (Nov)		annually			
	O	O	ARES Quarterly Test/Training		quarterly			
	O	O	Public Service: OEM Support at LvCo Fair (Aug)		annually			
		O	Public Service: Goblin Patrol (Oct)		annually			
		O	Public Service: LvCo Weather Spotter Net		as paged			

  

Level			PROFICIENCY/SKILL	Attained	MECC	Next Level Status		
1	2	3	Attribute		Radio Op	1	2	3
R	R	R	Obtain Technician Class or Higher Amateur License		IV			
		R	Obtain General Class or Higher Amateur License		II			
	R	R	Program Tone into HT					
	R	R	Program frequency and offset into radio					
	R	R	Write and send an ICS-213 message					
	O	R	Act as Net Control Station (NCS) within last 6 months		II			
	O	R	Act as Net Logger (LOG) within last 6 months					
		R	Proficiency in using ICS forms					
	O	O	Operate VHF Digital messaging station					
		R	Operate VHF Digital messaging station in peer-to-peer mode					
	O	O	Operate unit specific Digital VHF or HF station					
		R	Operate HF Digital Mode Messaging Station					
	O	O	Build a simple dipole antenna					
	O	O	Build Powerpole® adapter cable					
	O	O	Solder PL259 connector to coax					
	O	O	Assemble a 24-hour Deployment Kit					
		O	Demonstrate cross-band repeater on Mobile Radio (UHF->VHF)					
		O	Participate in ARES/KCHEART/JARA maintenance event					

  

Level			LEADERSHIP	Date Attained	MECC	Next Level Status		
1	2	3	Event		Radio Op	1	2	3
		R	Present a Training Session (Over-the-Air/Net)					
		R	Present a Training Session (Classroom/Field)					
		O	Plan and Lead an ARES® Event		I			
		O	Hold a Leadership Position in a Group		I			
		O	Participate in PIO activities (Other than PR-101)					
		O	EC-001 Course Instructor/Mentor					